

Voice Of Women

Central Midwest District
Unitarian Universalist Women's Federation

Vol. 15, No. 2

Summer 1993

A Note from Paula:

Recently my home church, Olympia Brown UU Church, celebrated its Sesquicentennial. During our year-long celebration, church members were asked to give "testimony" about the importance of the church in their lives by answering the questions "Why I came here, and why I stayed." As I contemplated writing this column, by way of introducing myself, I asked myself these same questions in regard to my membership in the UU Women's Federation.

I came to UUWF through my involvement in women's spirituality after taking the adult RE curriculum, "Cakes for the Queen of Heaven." Our church had not had an active UUWF unit for some time, but due to the energy and interest generated by "Cakes," we were soon sponsoring social events, topical meetings, and seasonal rituals for our church's women. We also hosted larger gatherings of UU women to celebrate the 1990 GA in Milwaukee, the publishing of Charlotte Cote's biography of Olympia Brown, and most recently, the 1992 Fall Retreat in Lake Geneva. Like many of you, I found that participation at the local level led to increasingly wider circles of involvement and a wider vision of the importance of our organization in our denomination and in the lives of UU women.

Women's spirituality continues to be an
Continued on page two.....

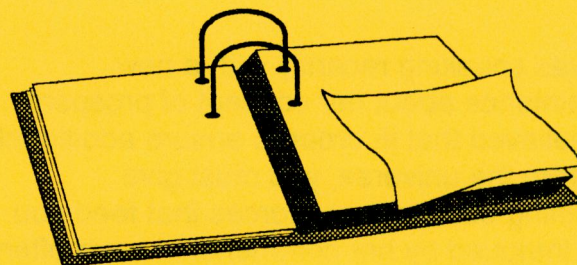
CALENDAR OF EVENTS

October 20-24, 1993, Continental UUWF and UUWF Pacific Southwest District Conference -see enclosed flyer

October 29-31, 1993, CMD-UUWF Fall Retreat

June 4-5, 1994, CMD-UUWF Allerton Conference

September 1, V.O.W. Deadline for articles



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A Note from Paula continued...

important force in my life and an avenue for spiritual growth, and I am grateful for the many ways that my participation in UUWF has supported my spiritual journey. I am also thankful for all the other growth opportunities that my involvement in UUWF has presented to me over the years, by presenting me with new challenges and encouraging me to take on leadership positions within a supportive environment.

I am also aware of the many UU women who serve as role models in my life. Certainly, one of the reasons "why I've stayed" active in UUWF is the value I place on having a women's community that supports my choices while challenging me through example.

Finally, I am proud of our history as an independent women's organization with a heritage of political and social activism, and I am committed to our continued presence as an independent organization of liberal religious women.

I was speaking recently with a new acquaintance about her concept of prosperity. She believed that in order to ensure additional gifts from the universe, you must give something back to those forces that feed you. I was intrigued by her comments. I have often found that counting one's blessings helps one center oneself, that from such contemplation one can often find new direction, when needed. So, I take on the responsibility of the presidency of our organization. I like to think that by doing so, I am giving something back to an organization that has been feeding me and feeding my growth for seven years now.

May we continue to feed and challenge one another during the year ahead.

Paula McCabe
Sister President

Susan B. Anthony Roll of Recognition

The Susan B. Anthony Roll of Recognition was established in 1963 and revised and enhanced in 1990 as a way to honor and recognize the service and contributions of UU women. Women nominated for the roll receive a Susan B. Anthony medallion and their names are entered in a book kept at Federation headquarters, as well as being reported annually to our constituency. The contribution for entry on the roll is \$100, which is added to the UUWF endowment fund to provide for the ongoing work of the Federation. Enrolled May 1, 1992 - February 28, 1993 in Illinois: Imogene Hodgson, Women's Alliance, Unitarian Universalist Community Church, Park Forest.

CMD-UUWF FALL **RETREAT 1993**



The Fall retreat at Lake Geneva, Wisconsin will take place October 29-31, 1993. Carolyn McDade, Keynote, "Spirit of Life". The conference theme "Empowerment: Woman as Agents of Change"

A weekend designed to reflect issues UU women care about. Changing the world through workshops, song, dance, and rituals. Sponsored by the Milwaukee area churches. Contact Helen Johnson (414) 892-2887, Lu Krug (414) 962-1394, Jan Masaros, (414) 892-2887, Pat McFarland-Kern (414) 963-1978, or Janet Nortrom (414) 964-3764 for workshop proposals and registration.



DUES NOTICE

You can tell when your dues are due to be paid again by checking the mailing sticker on your issue of V.O.W. There are two numbers; the first one is the month and the second one is the year stating the time of renewal. Presidents, treasurers, and individual members should take note.

Send dues of \$5.00 per member to:
Lu Krug (414) 962-1394
2625 N. Wahl Milwaukee, WI 53211

Indicate your PRESIDENT and TREASURER on the membership list that you include with your dues.

Also, list all your unit's members full addresses and complete membership list when dues are sent in. This is how the mailing list is updated.

HONOR ROLL

The 1993 Hester Huff Roll of Recognition recipient was - Pat Baker from Missouri.
Congratulations Pat!!!!

Allerton 1993 - This year the Keynote speaker was Rebecca Armstrong. She was very well received and gave an excellent keynote address and workshop. On the back page is more information on Rebecca. If you would like to know more, you can contact her at (708) 869-3039.

ALLERTON 1994

Plan to Attend

You Asked for it.....You've got it!!!!
Allerton 1994 will be on a weekend, Saturday June 4th through Monday June 6.

Mark your calendar NOW !!!!!!!!!!!

LOST AND FOUND at ALLERTON

FOUND

Found at Allerton one women's off white heavy knit cardigan. Call Allerton at (217) 762-7011 or Sandy Drenth at (708) 479-2679.

Also found one tall covered plastic cup and a beige swingline stapler. Call Sandy at the above number.

LOST

One gray calculator 3"X4". Call Sandy Drenth.

One Allerton Retreat folder belonging to Rossann Baker-Priestley, call her at (309) 343-2490.

CMD-UUWF Directory

President - Paula McCabe (414) 637-6083
1339 Deane Boulevard, Racine, WI 53405

Vice President - Sandra Drenth (708) 479-2679
Rte. 4, Box 120, Elmwood Court, Mokena, IL 60448

Secretary - Betty Jachim (708) 455-8631
2649 Willow Street, Franklin Park, IL 60131

Treasurer - Lucile Krug (414) 962-1394
2625 North Wahl, Milwaukee, WI 53211

Director - Helen Cadoret (314) 725-1739
6363 Alamo, St. Louis, MO 63105

Director - Helen Johnson (414) 421-0320
6305 Catalpa Street, Greendale, WI 53129

Director - Rosemary Sammons (708) 383-3098
641 N. Humphrey, Oak Park, IL 60302

Directory continued on page 4....

The Women's Alliance Opportunity Shop
The First Unitarian Church of St. Louis

The Opportunity Shop was reactivated in 1987 as a means of raising funds for a church parking lot. The shop sells articles which are donated by church members throughout the year. Included for sale are clothing, jewelry, household articles, small appliances, toys, bric-a-brac and TREASURES - all of which are clean and in good condition.

The shop is housed in an annex area adjoining the church's fellowship hall and is open for business during the coffee hour following each church service and during Alliance meetings. Church members enjoy shopping leisurely for quality merchandise offered at low prices, as well as the opportunity to recycle items which are too good to throw away.

Once the church parking lot became a reality, Alliance members decided that future shop profits should be given to selected community organizations which are assisting the poor and needy in our local area. Since 1990 approximately \$5,500 has been given to the following organizations: South Side Day Care Center, the Community Action Endowment Fund, the Trinity Food Bank, and the St. Louis Abused Women's Support Program.

In addition, clothing which has not been sold within a set time is taken to the Regional Hospital and South Side Day Care Center. Also, clothing and other articles are donated to the Mustard Seed Rummage Sale, a Joint Community Ministries project, held at First Unitarian Church in October.

A committee of four Alliance members is responsible for sorting and pricing the merchandise in addition to staffing the Shop on Sundays and alternate Tuesdays.

Submitted by Helen Cadauet

CMD-UUWF 1993-94 Directory
continued

Director - Marian Wirth (314) 863-2748
7443 Cromwell St. Louis, MO 63105

V.O.W. Editor - Susan Karcher (708) 495-6061, 1431 S. Lombard Ave. Lombard, IL 60148 - Send in Vow Articles to me Please

Fall Retreat Chair - Helen Johnson (414) 421-0320, 6305 Catalpa Street, Greendale, WI 53129

Allerton 1994 Chair - Doris Jones (217) 352-7472, 1710 W. Windsor Road, Champaign, IL 61821

RCAR Rep. - Phyllis Peara (708) 481-5055

128 Berry Street, Park Forest, IL 60466

Women & Religion Chair - Lynn Smith-Roberts, Quincy, IL

CMD Administrator - Helen Bishop (708) 383-4344

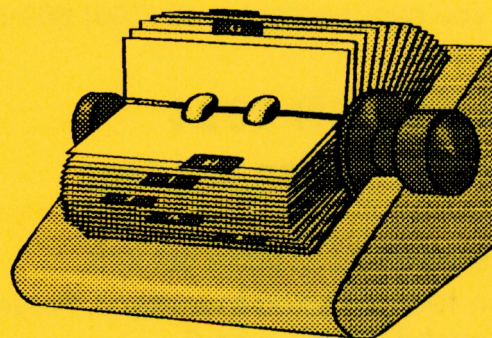
114 S. Marion, Oak Park, IL 60302

Continental UUWF President - Kay Aler-Maida and

Executive Director - Mairi Meeks
(617) 742-2100

25 Beacon Street, Boston, MA 02108

Liaison - Janet Nortrom (414) 964-3764
4332 N. Woodburn, WI 33211



*The Continental Unitarian Universalist Women's Federation
in partnership with UUWF Pacific Southwest District present*

The First WomanSpace Retreat: *Moving in Many Worlds*

October 20 - 24, 1993

Highland Springs Center, Beaumont, Calif.

Whether you attended the 1990 WomanQuest retreat or not, many of you have told us that you like that kind of programming. We heard you, and in partnership with Pacific Southwest District UUWF, we're planning a similar event. Our planning committee — made up of our own UUWF women and members of Women and Religion groups, the Liberal Religious Educators Association, and the Ministerial Sisterhood UU — has designed a program that reflects the issues UU women tell us they're concerned about.

Theme

Our program, "Moving in Many Worlds," addresses diversity, living in harmony with the ecosystem, nurturing and celebrating women's spirituality, feminist theology, economic justice, and stopping violence against women. You can choose one of three major program tracks to concentrate on each morning throughout the retreat:

Economics as if Women Really Mattered — will lead us through both the personal and political sides of economics and inspire us to envision and help create a world where both women and the earth really matter. Coordinated by Susan Mecker-Lowry, author of *Economics as if the Earth Really Mattered* and founder, director, and editor of the journal *Catalyst: Economics for the Living Earth*.

Stopping Violence Against Women — an issue that calls us to transform our many worlds, will focus on developing strategies for transforming the worlds of women's life cycles: the world of female children, the world of adult women, and the world of older women. Facilitated by members of UUs Acting to Stop Violence Against Women.

Rise Up and Call Her Name: A Woman-Honoring Journey into Global, Earth-Based Spiritualities — UUWF's new curriculum (funded in part by the Fund for Unitarian Universalism) explores women's spirituality from a diversity of non-European, earth-based traditions. Co-coordinated by Liz Fisher and Carol Carter Walker. Liz, who developed/edited the curriculum, is a professional writer/editor and former co-convenor of Women and Religion, Pacific Central District. Carol, a founder of the Sojourner Truth Congregation

in Washington, D.C., is an officer of both the Network of Black UUs and the Coalition of African American UU Organizations.

Workshops and Worship

In addition to the daily tracks, programming will include morning and evening worship; workshops offering a variety of formats and topics (36 workshops in all); daily WomanCircles where you can share your experiences with the same small group of women; lots of women's music; and free time for you to connect with other women and enjoy the retreat setting.

About the Site

Highland Springs Resort and Conference Center is located in the high desert country east of Los Angeles and west of Palm Springs, close to the San Bernadino Mountains. First opened in 1884, it offers a variety of accommodations, an Olympic-sized swimming pool, saunas, a spa, and a fitness center. The 900 acre site has wooded footpaths, rose and cactus gardens, cedar, silver olive and oak trees, providing wonderful settings for outdoor sessions and breaks.

Who Will Come

We welcome and encourage all women — younger, older, differently abled, of color, lesbian, bisexual, straight, of varied incomes, educations, theo/alogies, socioeconomic backgrounds — to attend WomanSpace

Child Care

Highland Springs is a family-style resort, which will enable us to arrange a quality childcare program. The cost of childcare will be partially subsidized by UUWF. Please request more detailed information on your registration form. Registrations that include childcare must be received by September 1.

Cost

Registration: \$145 for UUW members, \$170 for non-members.
Early registration discount: \$20 if postmarked by July 15.



WOMANSPACE

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Room and Board

Highland Springs offers a variety of non-smoking accommodations. Some rooms are for double occupancy (a queen bed or two twin beds) and many rooms are designed for family occupancy (one or two queen beds plus one or two twin beds.) Room and meal costs are: \$190 per person for quad occupancy; \$195, for triple; \$200, for double; and \$240, for single (very limited). There is no cost for room and board for children under three. Children 3 to 11 pay 75% of the adult cost, while those 12 and over pay the entire amount.

Cancellations and Refunds

If received by July 15, all but \$10 is refunded. From July 16 through October 1, all but \$25 is refunded. No refunds after October 1.

Scholarships Available

WomanSpace has received a small grant from the principal sponsors of WomanQuest for financial assistance. For further information and an application, please check the box on the registration form. Registrations that include applications for scholarships must be received by August 15.

Travel

Shuttle service to and from the Ontario (Calif.) International Airport will be provided on Wednesday, October 20, between 1 and 6 p.m.; and on Sunday, October 24, between 11 a.m. and 4 p.m. Rhodes Travel, (800) 634-9191, is the official WomanSpace travel agent. You will receive the cheapest tick-

ets and UUWF will benefit when you book through Rhodes. Rhodes will donate 1% of all WomanSpace sales to the UUWF, which will help support future women's programs.

Preliminary Schedule

Wednesday, Oct. 20

Afternoon	Arrival, registration
5:00-7:00 p.m.	DINNER
7:30-9:00	Ingathering
9:15-10:00	WomanCircles

Thursday, Oct. 21 thru Saturday, Oct. 23

6:15-7:15 a.m.	Early morning experience
6:15-8:00	BREAKFAST
8:00-8:45	Worship
9:15-11:15	Tracks
11:30-12:30	WomanCircles
12:30-1:30 p.m.	LUNCH
2:00-4:00	Workshops
4:00-5:30	Free Time
5:30-7:30	DINNER
8:00-9:00	Vespers/Evensong
9:00-10:00	Music/program

Sunday, Oct. 24

6:15-7:15 a.m.	Early morning experience
6:15-8:00	BREAKFAST
8:00-8:45	Worship
9:00-10:00	Closing
10:30-12:00	Free time or early departures
12:00-2:00 p.m.	LUNCH
Afternoon	Departures

Conference Registration and Information

Registrar

Joyce Knipps
21108 Donora #A
Torrance, CA
90503
(310) 370-6157

or

Billie Spinat
(213) 254-0926

Send To / Call for Further Information:

Registrar Joyce Knipps or Billie Spinat
21108 Donora #A (213) 254-0926
Torrance, CA 90503
(310) 370-6157

1. Personal Data

Name (as it will appear on your badge)

Street Address

City

State/Province

Zip/Postal Code

Phone (Day)

Phone (Night)

Send me information on:

☐ Childcare (by Sept. 1) ☐ Scholarships (apply by Aug. 15)

Special needs: disability accommodation, dietary (vegetarian, lactose intolerance, etc.):

2. Fees

Registration: ☐ UUWF Member \$145.00
☐ Non-member \$170.00

Make checks payable to UUWF.

If postmarked by July 15, 1993, take \$20 off the registration fee.

Room and Board:

- ☐ Quad occupancy \$190.00 per person
- ☐ Triple occupancy \$195.00 per person
- ☐ Double occupancy \$200.00 per person
- ☐ Single (very limited) \$240.00 per person

Choose lodging option and indicate choice of roommate(s), if any.

☐ I am willing to share a bed.

NOTE: If you do not indicate roommate choice, we will assign a roommate to you. We will do our best to accommodate your requests.

Children 12 and over pay full fee.

Children under 12 pay 75% of adult fee.

Children under 3, no charge.

Total Enclosed: \$

3. Program

Track choices (indicate 1st, 2nd, 3rd choices):

- ☐ Economics as if Women Really Mattered
- ☐ Rise Up and Call Her Name
- ☐ Stopping Violence Against Women

WomenCircles: You will be assigned to a small circle upon arrival. Please indicate if you would be willing to facilitate a WomanCircle.

☐ Yes ☐ No

4. Airport Shuttle

Wednesday, October 20, 1:00 - 6:00 p.m.

Sunday, October 24, 11 a.m. - 3 p.m.

☐ I will be using the shuttle.

My arrival time is _____. My departure time is _____.

☐ I will not need the shuttle.

Rebecca Armstrong has been sharing her love of music and the arts with audiences all over the country for the last two decades. Brought up in a singing family, she learned the old stories, ballads, tunes and traditions from the fingers and voices of the folks who kept them alive. Her parents, George and Gerry Armstrong, are often referred to as "the mom and pop" of Chicago folk music. Their home was a frequent resting place for the multitude of musicians, bards and storytellers who traveled through the midwest, including the great mythologist, Joseph Campbell. Rebecca toured around the country as part of the family act during the 60's and appears on several family recordings including *Golden Ring* and *Five Days Singing* (Folk Legacy) and *Wheel of the Year: 30 Years with the Armstrong Family* (Flying Fish label).

In 1977, Rebecca began her work with Urban Gateways, the nation's oldest and largest arts-in-education agency. Over more than a decade, she toured a wide range of programs into the Chicagoland schools. With the blessings of Joseph Campbell, Rebecca and Gerry Armstrong created *Myths to Live By*, a mythology program for teens; Rebecca and Jenny Armstrong created *Seasonal Celebrations*. Now working with the Ballenger Agency, *Songs You Can See* combines the talents of chalk-talk artist, Peggy Lipschutz, with Rebecca's music in a series of programs: *The Life of Jane Addams*; *From the Heart*; *Musical Mural U.S.A.*; *We've Got the Whole World in Our Hands*, and *Courage: Facing the Holocaust Today*. Each of these programs tours schools and libraries in the midwest reaching thousands of children, teachers and parents.

In the field of adult education, Rebecca has developed lectures and workshops which integrate folklore and mythology into classroom curriculum. She has been a guest lecturer at Boston University, Columbia College, McHenry County College and Triton College among others. Since 1988 she has been an adjunct faculty member at Mundelein College in the Master of Liberal Studies program.

As a curriculum consultant she has developed music and literature-based materials for a number of projects, among them an award-winning vocational education program, *Job Creation*. In 1989 she was selected from a nationwide search to become a teacher/researcher at

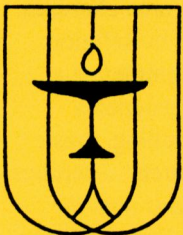
the National Art Education Research Center in New York, and went on to work as Program Associate for ABC (*Arts in the Basic Curriculum*), a research project funded by the National Endowment for the Arts. Her special interest in educational research is the integration of culturally and personally meaningful arts programming into classroom curricula.

In 1988, Rebecca received the blessings of Jean Erdman, wife of the late mythologist, Joseph Campbell, to found a society in his honor. *The Joseph Campbell Society, Inc.* has sponsored lectures, films, storytelling festivals, conferences, and has spawned a series of evening salons for mythology devotees.

Rebecca's expertise as a storyteller and musician has made her a sought-after performer. She has appeared at numerous festivals, concerts, and conferences. She has developed a traveling seminar for teachers, librarians, parents, and others interested in learning the ancient art of storytelling and its implications and applications for the modern settings. *Storytelling From the Inside-Out* has been a great success in places as diverse as The National Orff-Schulwerk Convention, The American Library Association Convention, Illinois Parks Conference, and The Annual Riverwinds Storytelling Festival.

Following her interest in sacred stories and teaching to the spirit, Rebecca has become involved in the field of religious education, serving since 1989 as the Director of Religious Education for two Chicago area churches. In 1991 she received her masters degree in Religion from the University of Chicago and is completing a vocational degree in ministry. She has designed a number of programs on the use of storytelling, music and the arts to explore spirituality in churches, families and communities, including *Conversations with the Soul* and *Nurturing the Teachers of the Global Village*.

Rebecca has had articles published in The Chicago Sun-Times, The Pioneer Press, The Journal of the Illinois Council for the Gifted, and The National Storytelling Journal. She has produced three cassette tapes: *Chip on the Old Block, Chip on the New* (songs & stories for children, with Jenny Armstrong); *Lady Ragnel & Other Stories* (celtic myth & music for adults); and *Dreaming Awake the Heart* (a bedtime parable for grownup children, distributed by Credence Cassettes).



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Oak Park, IL
60301

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