



UU Women's Connection of the CMwD  
[www.uuwomensconnection.org](http://www.uuwomensconnection.org)

Registrar: Diana DeWeese  
716 S. Douglas Ave.  
Springfield, IL 62704

**RETURN SERVICE REQUESTED**

*Feed your spirit with a...*

## Peace of Cake: Food for Women's Souls

### *2008 Lake Geneva Fall Retreat*

*Let there be beauty and strength,  
power and compassion, honor and humility,  
mirth and reverence within you.*

- Doreen Valiente



## *NOVEMBER 7-9, 2008*

**SPONSORED BY:**

**The UU Women's Connection of the CMwD**

*Celebrating 50 years! (1958-2008)*

- Facilitating better communication among district Unitarian Universalist women's organizations and individual members within the Central Midwest District and the UUA
- Stimulating interest in the Unitarian Universalist movement and concerns of the world through annual retreats, conferences, and other means
- Serving as liaison between women of the district and the larger UU movement.

The UU Women's Connection presents the annual Fall Retreat of the Central Midwest District at Lake Geneva.

***Gather together at beautiful Lake Geneva at Aurora University-George Williams College Retreat Center.***

**Williams Bay, Wisconsin**

November 7-9, 2008

***Registration Deadline:  
5 October 2008***



*Keynote Nancy Vedder-Shults presents:  
"Goddess Visions of Peace and Plenty"*

Using stories, songs and scholarship, **Nancy Vedder-Shults** will explore the goddess as an image of peace. Nancy is well-known nationally in the UUA as a ritualist, workshop leader, musician and innovator. Her CD "Chants for the Queen of Heaven" received a Feminist Theology Award from the Continental UU Women's Federation, and she was the musical consultant to the "Rise Up and Call Her Name" curriculum. Nancy's forthcoming book *The World is Your Oracle* guides readers from common sense to inner wisdom. A veteran of the University of Wisconsin - Madison Women's Studies Program, Nancy will also be a member of the videotaped panel discussion "What Women Want".

*...the most important religious task of the 21st century will be learning to take pluralism seriously.*

-Rev. Shirley Ranck



### **UU Women's Connection of the CMwD**

*Celebrating 50 years!*

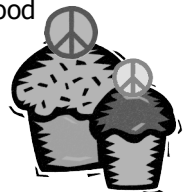
Thanks to our foremothers for their creative inception of the Allerton Institute in 1958 we can claim 50 years of groundbreaking, innovative women's programming in the Central Midwest District, including 26 years at Lake Geneva! ... to all the women in our history who have served on the Board and the Council, planned and attended retreats and conferences, sustained our organization with dues and contributions, brought your energy and ideas to programs: Thank you for saying "yes" to leadership! If you will step up to plan future retreats, please let the Women's Connection Council know! We want our dynamic organization to continue another 50 years!

*...Wisdom is a wise old woman.  
Listen to her words and be free.*

### **UU Women's Connection Council Fall Retreat Planners:**

Programming: Pat Goller  
Open Mic: Kathy Kline  
Vendors/Ambience:  
Janice Bailey  
Ambience/Opening:  
Jennifer Evans

Brochure: Cheryl Springwood  
Crafts: Diana DeWeese  
Pat Goller  
Registrar: Diana DeWeese  
**Phone:** (217) 546-5834  
**E-Mail:** kidi71@aol.com



## Coffee House

Do you enjoy singing? Are you a Story Teller? Do you write poetry? ...or want to read for us? Be your bold self at our open mic Saturday night, where we will provide our own entertainment. Remember to pack clothing for the evening that makes you feel like the goddess you are!

## Vendors

We have a variety of vendors with many items to embellish your body, home, and spirit. Massage therapists will be available by appointment. Schedule your massage early!

## Game Room

If you're looking for some fun with friends, get in your pajamas and come to our late night game room. We have games like Mexican Train, Scrabble, Blokus, and a noncompetitive favorite: Go, Goddess!

## Craft and Gathering Room

Come to cozy Cratty Hall and enjoy a roaring fire while stirring your creative juices in our craft room. You can design a stained "glass" window, embellish a quilt square, or perhaps design some edible art!



## Financial Assistance...

Women's Connection membership dues contribute to grants and scholarships. We offer various options for reduced fees to make attendance accessible:

- **childcare grant** – to relieve some of the costs of childcare encountered by mothers who attend our retreats, a reduced registration fee of up to \$20 is available to those who request it.
- **ministerial student grant** – our membership recognizes the importance of supporting our ministers in training. We offer one ministerial grant of \$100 on a first-apply-first-receive basis for ministerial students from the district.
- **need-based grant** – limited funds are available to reduce the financial burden for women who could not otherwise attend due to monetary hardship.
- **first-time attendees grant** – to encourage new members to participate in the retreat, the first five women to register, who are new to the retreat, will receive a waiver of their registration fees.

## Panel Discussion Saturday: 1:30-2:30, 3-4:00 p.m.

## What Women Want

### *We have a special attraction at this year's retreat:*

Join us for the videotaping of a panel discussion of ordinary women doing extraordinary things. In this innovative addition to the retreat, an invited panel will explore issues of the day and speak to questions of feminism, spirituality, politics, peace, and other issues of interest to women.

## Meet the Panel Moderator, Delinda Chapman...

Delinda Chapman, EdD, is a retired educator and administrator with thirteen years in education and twenty-one in Illinois State government. She is also past president and life member of the American Association of University Women, (AAUW) AAUW—Illinois, Inc, AAUW Great Lakes Regional Director, steering committee member of CreatingANewWorldNow.org and Land of Lincoln Advocate for Darfur.



Delinda hosts and produces "The Learning Curve," a weekly cable television program in Springfield, Illinois, now in its eighth year of production. She received her Bachelor's degree in Psychology from Illinois College, Master's degree from the University of Illinois Springfield and her doctorate in education from the University of Illinois, Champaign-Urbana.

## How can you attend a videotaping Session?

Select a taping session on your registration form and bring your questions to the registration table. Programs will be taped for cable access channels across the Central Midwest District! Audience for each taping is limited to 50 women. The two resultant programs will be aired on local public access stations in the Chicago area and Springfield, Illinois, and in Wisconsin. Our Keynote, Nancy Vedder-Shults will sit on the panel with three additional notable women.

## Saturday Workshops

10:15-11:45 a.m.

### ***Creating Peace: Experience the Power of Our Vibrational Universe***

**Peggy Patty**

We are all Unique Vibratory Beings. If you love the healing effect that music has on your body, mind, and soul, join us as we explore the transformative healing power Sound Vibrations have on our world and ourselves! We will discuss and experience why some types of vibrations have a powerful healing effect with the use of music, voice, drums, tuning forks, etc. Come feel the energy vibrations all around us as we focus our intentions on peace.

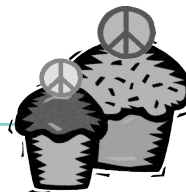
A Certified Tuning Fork Practitioner, Peggy also facilitates a Crystal Bowls Healing Circle in Springfield, Illinois. She has facilitated several on-going Central Illinois drum circles over the past decade including EarthBeat and has encouraged women drummers at many drum workshops and other events. Peggy is also a Reiki Master Teacher.

*...we do not need to diminish other women, or men, in order to assert our own strength.*

### ***Writing as a Peaceful Endeavor***

**Jackie Jackson**

Jackie will guide us with writing and journaling techniques that help us get in touch with our life's peaceful center. Jackie has led an ongoing writer's group in her home for many years. She is a published author of children's books and family memoirs, and a retired University of Illinois-Springfield professor of Writing and Women's Studies. Jackie will also sit on Saturday afternoon's panel: "What Women Want".



### ***Cup Cakes: The Sacred Female***

**Nancy Irons, Gretchen Ohmann**

Our most private experience--feelings about our female bodies and internalized ideas about sexuality and feminine beauty will be explored with participants using Session 1 of Rev. Shirley Ranck's newly revised *Cakes for the Queen of Heaven* feminist curriculum. Facilitators Nancy and Gretchen are members of the *Cakes Train-the-Trainer* (T3) workshop planning group. They have facilitated T3s in St Joseph, Mich. and Oak Park, Ill.

### ***Cup Cakes: Reclaiming Women's Heritage of Peace***

**Janet Nortrom, Nicole Lisk, Kelsey Neustel**

Is peace possible? How might the empowerment of women be related to our search for peace? How will author Riane Eisler's models for organization of society play out in our world -- through "partnership" or "domination"? Session 5 of the *Cakes for the Queen of Heaven* feminist curriculum leads participants through delicate discussions of "violence we have known" to help provide a backdrop for the importance of creating peace in a chaotic and sometimes violent world. Facilitator Janet led the Oak Park, Illinois *Cakes* T3 workshop. Nicole was on the St. Louis, Missouri T3 Team. Kelsey joins *Cakes* work with this presentation.

UU Women's Connection and the CMwD Women and Religion Committee jointly sponsor CMwD *Cakes for the Queen of Heaven* Train-the-Trainer (T3) sessions. These continue with final T3s in November -- Peoria, Illinois (15<sup>th</sup>) and Milwaukee, Wisconsin (22<sup>nd</sup>). For more information about being trained to bring this woman-affirming feminist curriculum to your congregation contact us at: **CakesTraining@uuwr.org** or **www.cakesforthequeenofheaven.org/blog/**

# UU WOMEN'S CONNECTION LAKE GENEVA RETREAT - - NOVEMBER 7 – 9, 2008

## REGISTRATION FORM (Please fill out both sides.)

**Name:** Gretchen Ohmann

**Address:** 547 Winchester Ave.

**City:** St. Joseph      **State:** MI      **ZIP:** 49085      **Phone:** (269) 369-1114

**Email:** gretchen.ohmann@sbcglobal.net      **Congregation:** Berrien UU Fellowship

**Roommate(s):** Janet, Nancy...

**Arrival Day/Time:** Friday afternoon      **Departure Day/Time:** Sunday after the service

**1<sup>st</sup> Women's Connection Retreat?** (Y/N) Y      **Grant request?** (Y/N) Y

(If Yes, fill in application on reverse side.)

<b>Fees</b>	<b>I Am Sending</b>
<b><u>Registration Fee</u></b> All (Full & Sat. Only) participants, except Workshop Leaders <span style="float: right;"><b>\$50</b></span>	
<b><u>UUWC Membership</u></b> Dues New & Renewing members (if your renewal date is 11/08) My renewal date is _____ (Note the upper right corner of your mailing label.) <span style="float: right;"><b>\$10</b></span>	
<b>Room</b> <b>1<sup>st</sup> Choice Building name:</b> Oak <ul style="list-style-type: none"> <li>○ See reverse side for costs to enter. If you are requesting a multiple occupancy room (other than a dorm room) you must list roommates above.</li> <li>○ Note: if a roommate does not come you may be charged the higher rate</li> </ul> <input type="checkbox"/> Check here if a wheelchair accessible room is needed.	
<b><u>Meals</u></b> <b><u>Full Conference</u></b> (Friday dinner through Sunday lunch) <span style="float: right;"><b>\$85</b></span> <input type="checkbox"/> For those who must leave immediately after the closing ceremony Sunday, Check here to order a box lunch "to go" (there is no additional charge, but it must be ordered with registration.)  <b><u>Saturday Only Participants</u></b> (plus registration fee above if attending keynote and/or workshops) <input type="checkbox"/> <b>Camp usage fee + lunch</b> <span style="float: right;"><b>\$25</b></span> <input type="checkbox"/> <b>Camp usage fee + lunch and dinner</b> <span style="float: right;"><b>\$35</b></span>	
<b><u>Late Fee</u></b> <span style="float: right;"><b>\$20</b></span> Registrations postmarked after October 4, 2008 are assessed a late fee	
<b>Scholarship Contribution:</b> voluntary, be an angel and help a sister	
<b>Make Check payable to:</b> <i>Unitarian Universalist Women's Connection</i> <div style="text-align: right;"><b><u>TOTAL:</u></b></div>	

Send completed form and check to: **Diana DeWeese, 716 S. Douglas Ave., Springfield, IL 62704 by October 4, 2008.** (Full refund if cancelled before October 4<sup>th</sup> deadline.) You'll receive a confirmation letter and map.

Questions? Contact Diana DeWeese 217-546-5834 or email at [kidi71@aol.com](mailto:kidi71@aol.com)

**REGISTRATION FORM** (Please fill out both sides.)

**OTHER NEEDS/REQUESTS** (We will try to do our best to accommodate.)

Steps are a problem: \_\_\_\_\_ Mobility/stamina problems: \_\_\_\_\_

Dietary concerns/restrictions: allergic to mushrooms and shellfish    Vegetarian meals preferred:  
(Please list type.)

Other (please list): \_\_\_\_\_

Open Mic Saturday Evening (10 minute limit) What talent(s) will you be sharing? \_\_\_\_\_

**ROOM/BOARD INFORMATION**

Rates listed are per person. To maximize participation with limited room space we encourage roommates. Check-in time is 4 p.m. Friday. Check-out time is 1 p.m. Sunday. Sheets, pillow, blanket, towel and washcloths are provided.

Please indicate 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> choice on the lines below, circle # in room per person amount.

**Enter your first choice "building" and cost on the front page of the registration form.**

You will be contacted if adjustments are necessary.

<b>Building</b>	<b>Choice</b>	<b>Single</b>	<b>2 in a room</b>	<b>3 in a room</b>	<b>4 in a room</b>
<b>Lakefront #8</b> (1 full, 1 twin, 1 rollaway, private bath)	_____	\$130	\$96/person	\$76/person	\$64/person
<b>One Step</b> (2 queen beds)	_____	\$160	\$112/person	\$86/person	\$74/person
<b>Oak</b> (4 bunk beds and 1 rollaway)	<u>  1  </u>	\$74/person	(designating roommates is optional in this dorm)		

**Workshop and Panel Discussion Videotaping**

Please indicate your 1<sup>st</sup> and 2<sup>nd</sup> choices for the morning workshop and the afternoon panel discussion.

**Workshop 10:15 – 11:45 a.m. PRESENTING**

**Extraordinary Women Panel Discussion Videotaping**    1<sup>st</sup> session (1:30 – 2:30 p.m.)   X    
2<sup>nd</sup> session (3:00 – 4:00 p.m.)   X  

**SCHOLARSHIP/GRANT APPLICATION**

The UU Women's Connection budget funds four grants of up to \$100 each. Additional \$20 grants are available to help with child care expense. *Note: On-site child care is not available, though nursing babies are welcome.*

**Applications must be postmarked by October 4th.** You'll get an answer to your request within 10 days.

My need is \_\_\_\_\_ Thank you!!!!

My home church/group will provide \_\_\_\_\_

I would like UU Women's Connection to provide \_\_\_\_\_

**An additional scholarship is allocated for ministerial students.** Please list school name and degree sought.