

Winter Retreat 2025

UU Women's Connection

Friday-January 31, 2025

4:00 PM Arrival & Welcome: check in, receive name tags and itinerary

5:00 PM Opening Ritual: Pagan Open Circle Ceremony

- Gather to set intentions for the weekend through a meaningful, communal ceremony.

6:00 PM Dinner Time!

7:00 PM DIY Spa Session 1: Face Masks

- Pamper yourself with a face mask application, followed by relaxation time.

8:30 PM Evening Activities: Fireside Chats and More!

- Fireside chats, cards and games, coloring, jigsaw puzzles, and spa activities such as the sauna and whirlpool, bath bombs and shower steamers and DIY nail care and hand massages
-

Saturday - February 1, 2025

8:00 AM Morning Activity: Self- Guided Yoga Chair or Meditation Session

9:00 AM Breakfast Time

10:15 AM DIY Spa Session 2

- Activities include hand and foot treatments and massage, nail care, and the sauna and whirlpool.

10:15 AM Workshop 1 Session 1. Crafting Brigid's Cross

11:00 AM Workshop 1 Session 2: Continued

- Create a Brigid's cross as we explore the cultural significance and symbolism

12:00 PM Lunch Time

1:30 PM Workshop 2 Session 1: Imbolc Ritual

2:45 PM Workshop 2 Session 2: Continued

- A ritual celebrating renewal, setting personal goals, and creative expression

4:00 PM More Spa Time!

6:00 PM Dinner Time

7:30 PM Fireside Chat

Sunday - February 2, 2025

8:00 AM Morning Activity: Nature Walk or Group Stretching

9:00 AM Breakfast

10:00 AM Closing Ritual: Closing of the Circle Ceremony

11:00 AM Departure

